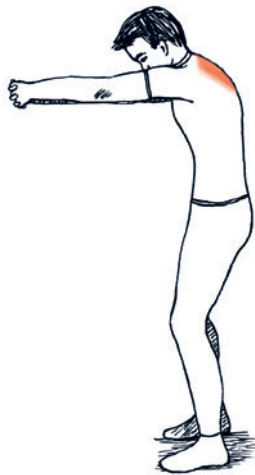


21. PAINDUVUST ARENDAVAD HARJUTUSED



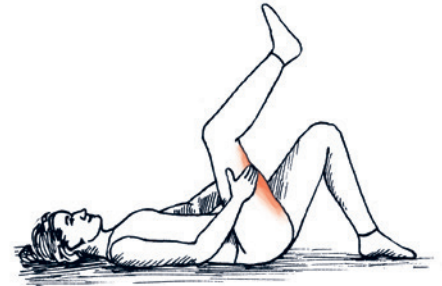
Rinnalihase venituse, sirutus ülaseljale



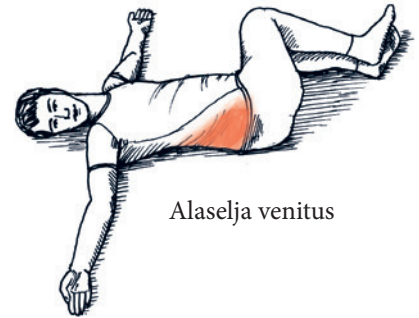
Ülaselja venituse



Sääre venituse



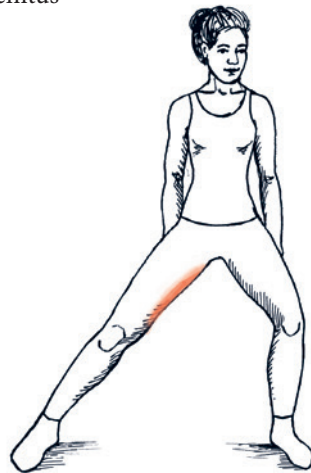
Reie tagakülje venituse



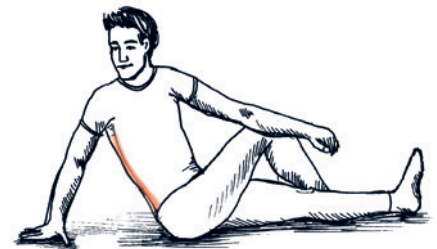
Alaselja venituse



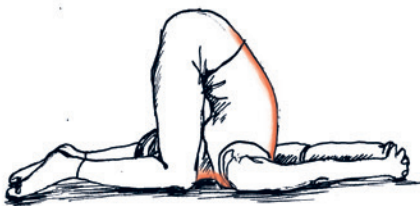
Venituse kaelale



Reie sisekülje venituse



Tuharalihaste ja kehatüve lihaste venituse



Venituse kaelale ja seljale



Reie esikülje venituse



Reie esikülje venituse



Venituse kaelale ja seljale